
Student Success \ Time Management

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Time Needed for Your Courses (Part 2): Lab Courses & (More) Demanding Courses

Any lecture course that also has a lab section often takes more time.

- E.g. biology, physics, chemistry, physical geography, and any course that has a lab section.

Labs are often 2 hours week. You need to study at least 2 to 4 hours/week to pass the lab.

Total time for a lab course:

- 12 hours for lecture (See Time Needed for Your Courses Part 1).
- The lab part: 2 hours in lab + 2 to 4 hours of study = 4 to 6 hours a week.
- Your total time: $12 + [4 \text{ to } 6] = 16 \text{ to } 18$ hours for a lab course.

Also, depending on your academic background and prerequisites, you could need more time for courses such as:

- English, math, statistics and calculus, computer sciences, language courses, and any course(s) that need you to do a lot of readings (textbooks, articles, etc.).