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## Student Success \ Time Management

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### Time Needed for Your Courses (Part 1)

#### **CALCULATE YOUR TOTAL HOURS FOR EACH COURSE**

For every class you have about four hours of lectures each week.

For every hour of lecture you need to study for at least two hours (and this is the bare minimum...)

- In-class lecture time: 4 hours a week
- Study & prep time:  $4 \times 2 = 8$  hours a week
- Total commitment to a course (min.):  
 $4 \text{ hours} + 8 \text{ hours} = 12 \text{ hours a week}$

**1 COURSE =  $1 \times 12 = 12$  HOURS WEEK**

Like a part-time job.

**2 COURSES =  $2 \times 12 = 24$  HOURS A WEEK**

Not exactly a full-time job, but busy; even part-time work in your spare time may prove to be demanding.

**3 COURSES =  $3 \times 12 = 36$  HOURS A WEEK**

Like a full-time job. Extra work not recommended as this may overwhelm your available time.

**4 COURSES =  $4 \times 12 = 48$  HOURS A WEEK**

Busier than a full-time job.

**5 COURSES =  $5 \times 12 = 60$  HOURS A WEEK**

Similar hours to a stock broker; almost like two jobs per week.

**PART-TIME STUDENT: 1-2 COURSES**

**FULL-TIME STUDENT: 3-5 COURSES**

**Langara.**

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