
Student Success \ Motivation

KAVEH FARROKH (PH.D.)

Do You Focus on Marks or Learning?

Marks are certainly important, but so is the quality of effort you put into your learning.

Paying too much attention to grades, marks, evaluations, etc. can take us away from concentrating on how we learn:

By focusing on how we learn, we can improve our performance, which can actually improve our grades, marks, etc.

FOCUS ON YOUR QUALITY OF EFFORT

- Explore ways to improve your performance in student success strategies such as time management, learning and memory techniques, reading, and note-taking strategies.

WORK TOWARDS INCREASING YOUR COMPETENCE AND MASTERY

- Your abilities and intelligence with effort (esp. student success strategies), a positive and constructive attitude and creative problem solving.

STRIKE A BALANCE

- Yes, marks are important but keep your focus also on your potential abilities and how you can always improve them.