

After-hours Emergency Resources

CAMPUS EMERGENCY

CALL LANGARA SECURITY 604.374.2373

Or use designated yellow Emergency Call Stations.

MENTAL HEALTH CRISES

ACCESS & ASSESSMENT CENTRE (VGH)

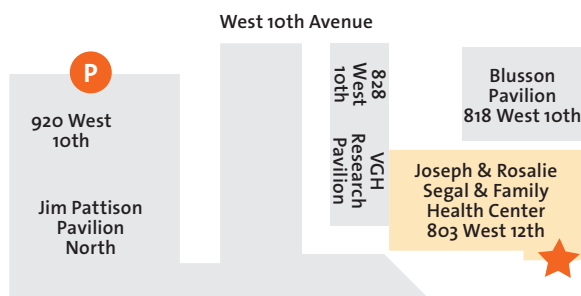
Phone or drop-in for acute mental health and addictions, suicidal thoughts, psychiatric crises, intake, and referral.

Walk-ins from 7:30 am–9:30 pm

Segal Family Health Centre

803 W 12th Ave. (First Floor)

604.675.3700



24-HOUR MENTAL HEALTH CRISIS LINE

1.800.SUICIDE or 1.800.784.2433

HERE2TALK

24/7 counselling service via app, phone, or chat.

1.877.857.3397 or here2talk.ca

EMPOWER ME

24-hour helpline for anyone in crisis. Free counselling for students enrolled in LSU Health & Dental Plan.

1.844.741.6389 (toll-free)

CRISIS CENTRE ONLINE CHAT

crisiscentrechat.ca (12:00 pm–1:00 am)

INDIGENOUS PEOPLES HOPE FOR WELLNESS HELPLINE

1.855.242.3310 (24/7) or hopeforwellness.ca

TRANS LIFELINE

1.877.330.6366 (24/7) or translifeline.org

MEDICAL EMERGENCY

Fire, police & ambulance 911

VGH Emergency Department 920 W 10th Ave.

ABUSE AND ASSAULT

WOMEN AGAINST VIOLENCE AGAINST WOMEN

Support, advocacy, and referrals. Can request accompaniment and transport to VGH Sexual Assault Services: 920 W 10th Ave.

WAVAW 24-hour Crisis Line: 604.255.6344

1.877.392.7583 (toll-free) or wavaw.ca

VICTIMLINK

For all victims of violence, abuse, stalking and other crimes.

24-hour crisis support and information in 110 languages.

1.800.563.0808 (toll-free)

24-HOUR TRANSITION HOUSES

Provide temporary safe shelter for women who are experiencing or who are at risk of abuse.

Vancouver (Kate Booth House): 604.872.7774

Richmond (Nova Transition House): 604.270.4911

Burnaby (Dixon House): 604.298.3454

North Vancouver (Sage Transition House): 604.987.3374

Surrey (Evergreen Transition House): 604.584.3301