

**SAMPLE COURSE OUTLINE****Course Code, Number, and Title:**

NURS 5275: Common Health Challenges in Canada

**Course Format:**

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

**Credits:** 3

**Transfer credit:** For information, visit [bctransferguide.ca](http://bctransferguide.ca)

**Course Description, Prerequisites, Corequisites:**

This course will further build on the nurses' ability to practice professional nursing by examining various acute and chronic health challenges in the Canadian population and the appropriate family centered nursing care for clients and their families, both in the acute and community care settings. Health prevention, health promotion, health teaching and client resources are emphasized. Trends in health and health care, both local and national, are included. Nursing exam type questions are also included.

Prerequisites: minimum C+ grade in all second term PDD courses: (NURS 5100, 5120, 5125, 5145, 5150).

Working as a Health Care Aide or in a health-related field (such as, but not limited to: companion for the elderly; group home aide). Students will provide the Assistant Chair, International with documentation to confirm details of their employment. Deadline for this documentation is set as one week prior to the opening of online registration for Term 3.

Corequisites:

*Registration in this course is restricted to students admitted to the Post Degree Diploma in Nursing Practice in Canada.*

**Learning Outcomes:**

Upon successful completion of this course, students will be able to:

- Describe common health challenges in Canada.
- Examine mortality and morbidity rates in relation to Canada's populations.
- Apply principles of family centered care in the care of clients experiencing acute or chronic health challenges.
- Apply principles of health prevention, health promotion and health teaching in the care of clients experiencing acute or chronic health challenges
- Understand the roles of various types of organizations and resources relevant to the care of clients experiencing acute or chronic health challenges.

snəwəyət leləm Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

- Examine current health and health care trends in Canada.

**Instructor(s):** TBA

**Office:** TBA      **Phone:** 604 323 XXXX      **Email:** TBA

**Office Hours:** TBA

**Textbook and Course Materials:**

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

Ross-Kerr, J. & Woods, M.J. "Canadian Fundamentals of Nursing". Toronto. Elsevier.

*Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.*

**Assessments and Weighting:**

**Final Exam %**

**Other Assessments %**

(An example of other assessments might be:) %

Assignments: 20%

Participation: 20%

Midterm Exam: 30%

Quizzes: 30%

Additional Information:

Participation format: See Glossary of Terms

Proportion of individual and group work:

Individual: 80%

Group: 20%

**Grading System:** Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: C

No final exam

*This generic outline is for planning purposes only.*

## Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

- Week 1 - Introduction
- Week 2 - Canada's Populations: Overview
- Week 3 - Mortality and Morbidity in Canada
- Week 4 - Cardiovascular Health Challenges
- Week 5 - Cardiovascular Health Challenges (cont.)
- Week 6 - Respiratory Health Challenges
- Week 7 - Respiratory Health Challenges (cont.)
- Week 8 - Ontological Health Challenges
- Week 9 - Ontological Health Challenges (cont.)
- Week 10 - Health Challenges Associated with Diabetes
- Week 11 - Health Challenges Associated with Kidney Disease
- Week 12 - Current Health and Health Care Trends
- Week 13 - Wrap Up and Evaluation

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

## College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

## Departmental/Course Policies:

*This generic outline is for planning purposes only.*