

SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

NURS 3161: Nursing Knowledge IV: Nursing Care of Adults

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

Credits: 3

Transfer credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

Building on Nursing Knowledge III, this course involves an examination of concepts related to the common alterations in health and the essential nursing care of a particular client population namely, the adult. The emphasis is on the integration of new and specialized knowledge through the use of a decision-making framework (DMF) in understanding adults' and families' experiences with mental health challenges. Growth and development, disease prevention, health promotion, and health and healing initiatives, including pharmacology are integrated throughout the course. Delivered in a mixed mode format.

Prerequisites: A minimum "C+" grade in BIOL 3192, NURS 2209, 2260, and 2261; and an "S" grade in NURS 2263.

Corequisites: NURS 3130, 3160, 3164, and 3165

Students will receive credit for only one of NURS 3246 and 3161/3363.

Registration restricted to students admitted to Nursing program

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- demonstrate critical inquiry in relation to new knowledge and technologies that change, enhance, or support nursing practice
- demonstrate knowledge of the contribution of registered nurse practice to the achievement of optimum health outcomes
- demonstrate an understanding of decision making and critical thinking, and reflection
- apply broadening knowledge base from nursing and other disciplines concerning health care issues
- apply broadening knowledge base about human growth, development and role transitions for people of all ages and genders, especially how these impact various states of health and wellness

snəwəyət̚ leləm̚ Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

- apply broadening knowledge from the health sciences including physiology, pathophysiology, psychopathology, pharmacology, microbiology, epidemiology, genetics, immunology, and nutrition as it applies to a select client population
- examine current health care trends and evidence-based literature and its implications to health promotion and disease prevention of a select client population
- learn a select number of pharmacological classes of medication
- use principles of primary health care and assessment tools in decision making
- value the influence of evidence to support the provision of safe, competent, and ethical nursing care

Instructor(s): TBA

Office: TBA Phone: 604 323 XXXX Email: TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

For textbook information, visit https://mycampusstore.langara.bc.ca/buy_courselisting.asp?selTerm=3|8

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam 30%

Other Assessments %

(An example of other assessments might be:) %

Midterm Exam: 50%

Assignments: 20%

Additional Information:

Proportion of individual and group work:

Individual: 100%

Grading System: Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: C+

This generic outline is for planning purposes only.

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

- Week 1 Introduction to course: Overview of syllabus and assignments. Negotiating group work: Principles of Solidarity, Review of evidence based nursing, PICOT, searching the literature
- Week 2 Mental Health & Mental Illness; Assertiveness
- Week 3 the Biological Foundations of Mental Health Nursing. Medications commonly used in mental health
- Week 4 Decision Making and Mental Health. Mental status examination. Consumer's story of mental illness
- Week 5 Midterm Exam #1 Schizophrenia and Schizoaffective Disorder. Mental Health Acts & Ethics in Mental Health
- Week 6 Mood Disorders: Dysthymia; Major Depression; Mania and Hypomania
- Week 7 Consumers of Mental Health: The Mood Disorder Association of BC. Concurrent Disorders and Management of Aggression and Violence
- Week 8 Anxiety Disorders: GAD, PTSD, OCD, Social phobia, Somatoform & Conversion Disorder
- Week 9 Mental Health in Children, Youth, Adolescents. Play therapist and nurse from Richmond Child & Youth Psychiatry
- Week 10 Midterm Exam #2 Self Harm and Suicidal Behaviour: Personality Disorders
- Week 11 Spirituality and Mental Health Employees: Native Health Society & Community Aboriginal Mental Health
- Week 12 Students' class presentation of practice experiences: Reflecting on Health Promotion, Prevention, and Empowerment
- Week 13 Course evaluations

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

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