



Langara Students on Outward Bound Program Sept. 2006 part of their Leadership Course, RECR 1162

*In the end it is important to remember that we cannot become what we need to be by remaining what we are.*

*-- Max DePree*

## Langara's Recreation Leadership Diploma Fall 2007 a dynamic choice for a solid education in recreation

As Langara College's Recreation Diploma develops over the years one thing remains constant. It continues to graduate knowledgeable, enthusiastic professionals who make us proud.

The Recreation industry and the needs of our students continue to evolve, and the Recreation Program at Langara College responds, guided by our belief in the product and feedback from graduates and the field. The Fall 2007 Recreation Leadership Diploma combines a strong foundation in the concepts and theory of recreation and leisure with leadership, communication, and business skills development tailored to a recreation practitioner.

Practical experience is emphasized throughout the program, both in the classroom and in the field. In the Diploma, students will gain a well rounded and thorough understanding of the field of recreation, including facilities and other environments. Each student will have the opportunity to develop their personal portfolio within the recreation field, and to directly apply their knowledge during internship.

### **Our Profession. Our Future. How do we compete for future leaders?**

We have some challenges. At Langara, we have assessed a trend of less awareness in young people coming out of high school about both the benefits and opportunities of recreation as a career.

We also know that in the last five years, 80% of our program recruits are referred to us by people in the field. We want to ensure that you have what you need to help us recruit people to be future recreation leaders and managers.

**Check us out: [www.langara.bc.ca/recreation](http://www.langara.bc.ca/recreation)**

Students will learn how to effectively lead, instruct, facilitate, motivate, and supervise within the recreation field. They will learn how to design, implement and market quality program and special events for diverse participants. These skill-sets will be able to be applied in a recreation, health promotion, community service, tourism, and/or volunteer setting.

Graduates of the Recreation Leadership Diploma have the skills, knowledge and ability for direct leadership, instructor, and some entry-level supervisory jobs. With experience and on-going professional development, graduates can build a career in recreation, or put this leadership skill-set to use in another field.

Langara's Recreation Leadership Diploma in Fall 2007 is created to stand alone or as a platform for students to move into the Bachelor of Recreation Management Degree proposed by Langara for Fall 2008. The diploma block transfers toward a degree at some universities.

### Langara College

100 West 49th Ave.  
Vancouver B.C. Canada  
V5Y 2Z6

PHONE:  
(604) 323-5752  
FAX:

(604) 323-5555

E-MAIL:  
[ktisshaw@langara.bc.ca](mailto:ktisshaw@langara.bc.ca)

### Inside

Faculty	2
Students/Grads	3
Explore a career	4
Degree info	4
Great websites	4
Internship 2007	4

*Rec News is the newsletter from the Faculty of the Recreation Department at Langara College. Our purpose is to connect and inform perspective students, current students, grads and recreation professionals about what is happening in the Langara Recreation Leadership Program. (604) 323-5752 [www.langara.bc.ca/recreation](http://www.langara.bc.ca/recreation) or [www.langara.bc.ca/recweb](http://www.langara.bc.ca/recweb) Newsletter Editor Janet Ready*

## An Inside look at Langara's Recreation Faculty

Have you ever been curious about what makes the faculty in the Recreation Department at Langara tick? Why do they teach at Langara? What do they like about the program? What inspires them?

If you've ever asked these questions, get ready, here's your inside peek at some of Langara's finest...



*Why do you teach in the Recreation Program at Langara College?*

I am fueled by the belief that quality recreation facilitated by skilled professionals is an overwhelming force of good in our society. I enjoy making this happen through doing my small bit with emerging practitioners.

Kevan Tisshaw



*What is your area of passion in Recreation?*

Wellness, spirituality; bringing people together in harmonious ways and helping them to understand a servant leadership approach to serving in their communities. *What is one thing you really enjoy about the rec students at Langara?* Their joyful vitality and enthusiasm for each other.

Caroline Kimoto



*Why do you teach in the Rec Program at Langara?*

I teach at Langara because I think everyone needs a bit more (or a lot more) balance and positive meaning in their lives. So if I can get that belief system (or some strategies) across to emerging recreation professionals, then they can spread the word in programs that they lead.

*If you could sum up your philosophy of recreation in one word, what would it be?*

"Flow"...Flow is a state of positive emotion and well-being that accompanies high quality recreation experiences. It is the ultimate goal of any recreational pursuit. It is what we, as human beings, are meant to experience.

Steve Musson



*What is the one thing you really enjoy about the rec students at Langara?*

The energy, potential, and experiences they bring. They enjoy recreation and have a desire to learn more. *If you could sum up your philosophy of recreation in one word, what would it be?*

Joy. Recreation experiences have the potential to bring people joy.

They provide a unique forum for people to develop skills, gain insight and perspective, and to increase their capacity for awareness of joy.

Janet Ready



*Why do you teach in the Rec Program at Langara?*

To help aspiring Rec. Professionals get where they want to be. Help them make connections, pass along knowledge — keeping students up to date challenges me to keep up to date. I enjoy their enthusiasm, and their willingness to challenge themselves and faculty.

Vince Kraiser



*Why do you teach in the Rec. Program at Langara?*

To share my experience and knowledge to the future practitioners of the field of recreation.

*What is your area of passion in recreation?*

Leadership, marketing, programming, making a difference in people's lives through the vehicle of recreation.

Erin Moore



*What is your area of passion in Recreation?*

Community Cultural Development.

*What is one thing you really enjoy about the rec students?*

The commitment to having fun while responding to the development of the individual and the collective/community.

Cyndy Chwelos

Special thanks for the great sketches by Andi Mori Recreation Diploma, 2007 Grad

### Introducing our newest faculty members

### Welcome to our new faculty who will be supervising internship students Spring 2007

**Janna Taylor** has experience as a municipal director of parks and recreation (Port Coquitlam) and consultant.. Her Master's Degree in Leisure and Sport Management from UBC and currently teaches part-time at UBC in the School of Human Kinetics.

**Joanne Edey-Nicoll** is a long term Recreation Professional. In her role as the Assistant Director in New Westminster, she oversees community centres, arenas, pools, arts and culture. Joanne recently completed her Master's Degree in Leadership at Royal Roads University.

**Katy Player** holds a Master's Degree in Sport and Recreation Administration from Temple University and was formerly the Associate Director of Athletics and Recreation at UBC. She currently works for 2010 Legacies Now and will be taking on the role of Manager of Recreation for the Township of Langley in March. 2007.

## What Students and Grads say about Langara's Recreation Leadership Diploma Program



I would not have discovered this field and my passion for recreation if it weren't for the Recreation Leadership Diploma program, as it has definitely opened new doors for me. During my two years, I learned several pertinent skills that I use in my programs such as

program planning, evaluations, leadership, outdoor, and leadership skills. This program was one of the first introductions into recreation, and as I moved further into my summer employment and internship, I be-

gan to realize that this was my field, particularly providing recreation opportunities for people with disabilities, ensuring that they get an opportunity to fulfill one of their dimensions of life - active living, focusing on inclusion.

It played an instrumental role in living out my passions and I received so much positive support from the faculty and my fellow classmates during my time. With my love of studying recreation and delivering recreation opportunities, I decided to further my studies on to a degree and now, a Masters. I will always remember a faculty member's advice when debating whether to get another diploma in Therapeutic Recreation at

Douglas or getting a degree after completing my Rec Leadership diploma... and he replied, "Isn't all recreation therapeutic to all?" Absolutely. And this was the spark to continue with mainstream recreation, and focus on inclusion. Thus, it put me on a journey of creating opportunities for all people, and expanding my knowledge on the positive impacts of recreation.

### **Karen Lai**

Graduate 2001

Position: Program Coordinator of the Adaptive Recreation Program with Power to Be Adventure Therapy Society and Graduate student in the Department of Human Kinetics at UBC.



The Recreation Diploma Program at Langara College provided me with a great opportunity to start my journey towards becoming a recreation professional.

Through hard work, fun, determination, and help from the instructors and fellow stu-

dents I have made my dream come true. The competent and devoted instructors gave me support and assisted me in achieving my goals. I gained valuable knowledge and experience which will help me in achieving my personal mission and vision.

I entered the Recreation Leadership Diploma Program relatively new to the field of recreation but I am leaving enriched with a solid knowledge and experience

about the role of a recreation professional in program delivery.

Through the program I have gained countless lifelong memories and experiences and acquired friendships.

### **Darko Kulic**

Graduate 2007

Program Assistant/Night Hoops Coach at Coal Harbour Community Centre



The Langara Recreation Program originally interested me because I needed to build on my practical knowledge with furthering of my education in order to have the

chance for advancement. I did not know how much the Recreation Program had to offer someone who had been in the field for many years (17). Entering this program was the biggest inspiration and

learning experience I have had; the instructors build me as a person and introduced me to a great philosophy on life and recreation. Most importantly I have learned how as a recreation leader we not only have a job to do but a community to help form, influence and serve.

The Instructors are all accomplished in their own fields of recreation which they each pass on through their instruction; building great resources for me to use in my present work as well in my future goals. With implementing what I had

learned in the program I am already adding to my abilities in my present work and improving the effects of my leadership role within the community. I can actually see myself changing in my abilities and being capable of achieving more of my set goals. All the instructors make it a personal mission to help us build a strong foundation in order to succeed in the recreation field.

### **Dawn Murray – 2<sup>nd</sup> Year student**

Full-time Instructor Guard level 2 (Head Guard)

For Ron Andrews Recreation Facility North Vancouver

From the moment I entered into this program I knew it was the right fit for me to build on my lifeguarding and fitness instructor experience in the hopes of finding a full time position in the field of recreation.

Many of the classes in the first term of the recreation program helped me to open my eyes to the endless possibilities of exciting career opportunities in this field. The in-

structors helped me to develop and shape a clear vision of the career I want to pursue and the goals and steps needed to make it possible.

### **Andie Crump**

Graduate 2007

Intern student at John Braithwaite Community centre, North Vancouver

**For more info from grads**

Check us out our website  
[www.langara.bc.ca/recreation](http://www.langara.bc.ca/recreation)

**Explore a career in Recreation!  
Recreation Leadership Diploma Program  
Information Sessions**

3<sup>rd</sup> Thursday of every month  
ALL SESSIONS IN ROOM G103

Langara College  
Mar. 15 7-9pm  
Apr. 19 7-9pm  
May 17 7-9pm  
Jun. 21 7-9pm

- Meet faculty
- Tour the Campus
- Interact with current students
- Get answers to your questions

# Thankyou

The Faculty and Students of the 2007 Recreation Diploma Program would like to thank this year's Internship Supervisors and their agencies for their continued support.

## Municipal Agencies

Cassie	Bonsor Recreation Complex
Gibeau	City of Burnaby
Tricia	Hamilton Community Centre
Buemann	
Holly Rogers	Trout Lake Community Centre
Trish Holme	John Braithwaite Community Centre
Scott	City of Surrey – Outdoor Recreation
Matterson	
Paul Czene	Sunset Community Centre
Carla Hadley	City of Surrey – Guildford Recreation Services
Erica Mark	Champlain Heights Community Association
Christine	Windermere Community Schools Team
Macer	
Rita Clarkson	City of White Rock Leisure Services
Julie	Corporation of Delta – Parks Recreation and Culture
Halfnights	
Sandy Ferrin	False Creek Community Centre
Sue Hatten	SFU Recreation and Athletics
Adrien Balazs	South Vancouver Community Policing Centre
Traci Smith	Fraser Heights Recreation Centre
Robert	Port Coquitlam Recreation Complex
Sullivan	
Kirsten Close	Roundhouse Community Centre
Doug Okabi	City of Surrey: Parks Recreation and Culture - Newton

## Societies / Not for Profit Agencies

Michelle	Rick Hansen Foundation
Smith	
Sara Shaw	South Burnaby Neighborhood House
Ross	Basketball BC
Tomlinson	
Patricia	Irving & Phyllis Snider Campus for Jewish Seniors
Lipovetsky	
Trina Sporer	British Columbia Recreation and Parks Association
Ryan Purewal	South Slope YMCA

Bryna  
Kopelow

## Private Companies

Scott	Marine Drive Golf Club
Henderson	
Sarah Newton	Canadian Outback Adventures
Ray	Grouse Mountain Resort
Henderson	

Check us out on the Web  
[www.langara.bc.ca/recreation](http://www.langara.bc.ca/recreation)

**Some great recreation websites to check out  
— reviewed and recommended by Langara Rec. students**

**Cary Parks, Recreation and Cultural Resources Department**

<http://www.lin.ca/resource/html/ac738.pdf>

Fundraising and contracting out reduced costs of a skate park. Youth user groups fundraised the construction. The Town of Cary maximized revenues, programming and community benefits by then getting contractors.

*Reviewed by: Andi Mori, Recreation Diploma (leadership)*

**Resource Website on Recreational Sport Coaching Vancouver 2010.**

[http://www.vancouver2010.com/en/OrganizingCommittee/MediaCentre/NewsReleases/2006/10/12/40764\\_0610120848-359](http://www.vancouver2010.com/en/OrganizingCommittee/MediaCentre/NewsReleases/2006/10/12/40764_0610120848-359)

This program will give 100 annual grants of \$2,000 to local community coaches to fund training, travel and educational activities.

*Reviewed by: Maxine Evans, Recreation Diploma (Enterprise)*

## News on the Degree

With so much interest, we felt it was important to continue communicating the timeline for the Bachelor of Recreation Management (BRM) degree. The proposal for the degree is in the process of being reviewed. At the end of November 2006 a review of the timing took place. It was decided that the earliest the degree could be offered is August of 2008 – moving it from this fall 2007.

However, a group of faculty have begun preparation of the first year of the new courses for the Degree, and will have prototypes to share with the Recreation Advisory Committee in late Spring. Faculty on this development project include Caroline Kimoto, Steve Musson, Jaqueline Bradshaw, Janet Ready and Kevan Tisshaw.

The courses being prepared are:

- Recreation Management Degree – Residency I
- Online Research and Best Practice Reporting
- Wellness and Lifestyles: Self and Communities
- Inspiring Leadership: Self and Others
- Learning Theory: Reflective Practice, and Professional Development
- Leisure Theory and Applications